

## LEYLAND BARRACUDAS RISK ASSESSMENT

*It is essential that where risks are not adequately controlled, i.e. further action is identified, a Risk Reduction Action Plan is completed.*

| <b>Site Name: GENERIC</b> |                                                                                                      |                                                                                  | <b>Area /<br/>Section: SPORTS ACTIVITIES</b>              |                                                                                                                                                                 | <b>Subject / LAND TRAINING/AEROBIC EXERCISES<br/>Activity :</b> |          |              |                   |
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| Ref<br>No.                | Hazard<br>(What could cause harm – this may be physical, chemical, biological , psychological etc. ) | Risk of<br>(What could happen / nature of injury – how might someone be harmed?) | Risk to<br>(Who might be harmed – directly or indirectly) | Existing Control Measures<br>(List all relevant controls making reference to all key controls, e.g. elimination of hazard, reduction, isolation, training, PPE) | Likelihood                                                      | Severity | Risk Ranking | Further<br>Action |
|                           |                                                                                                      |                                                                                  |                                                           |                                                                                                                                                                 |                                                                 |          |              | Y / N             |

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|  | <p>This Risk Assessment has been produced and published specifically in relation to the risks presented by Covid-19, and the associated control measures that have been introduced.</p> <p>It complements, but does not replace, the existing risk assessments for land training, which remain in place and describe the control measures for non-COVID related risks.</p> <p>In the event of any conflict between the control measures described in the different risk assessments, then this risk assessment shall take precedence, and the requirements of any other risk assessment shall be considered to be amended accordingly.</p> <p>The COVID-19 Lead for Leyland Barracudas is Jon Ward, who holds the position of Club Chair and is the approving signatory of this risk assessment.</p> <p>‘RTTP’ refers to the ‘Return to Pool Protocols’ (latest issue) as defined by Leyland Barracudas ASC</p> |  |  |  |  |  |  |  |
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| Assessment<br>Carried Out By: Rachel Linley |  | Date: 6 <sup>th</sup> September 2020 |  | Approved<br>By: Jon Ward |  | Date:                            |  |
|                                             |  |                                      |  |                          |  | Next<br>Review<br>Date: Nov 2020 |  |

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|                    |                                                                                                          |                                                                                      |                                                               |                                                                                                                                                                     |            |                                                         |              | Y / N             |  |

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| 8a | COVID-19 Transmission – General | COVID-19 | Swimmers, coaches, members, parents, facility staff | <ul style="list-style-type: none"> <li>No swimmer is allowed to attend land train if they or a member of their household are displaying symptoms of Covid-19, or have received a positive test result, and are still within the required self-isolation period as defined by UK Government, or are subject to a period of quarantine following travel to proscribed countries as defined by UK Government.</li> <li>No parent, guardian or other responsible adult should transport or accompany a swimmer to land training if they are displaying symptoms of Covid-19, or have received a positive test result, and are required to self-isolate.</li> <li>Prior to returning to general training, all swimmers will have completed a Health Survey to confirm that they abide by the above.</li> <li>If a swimmer displays symptoms of Covid-19 during a land training session, or otherwise becomes unwell, they will immediately be requested to leave the gymnasium (and their parent/guardian notified if under 18), and should follow the prescribed UK Government rules on isolation. An updated Health Survey will be required before they are subsequently permitted to return to training.</li> <li>Other swimmers to be notified by the Club if a swimmer in their group/lane displays symptoms of Covid-19 during a land training session, or otherwise becomes unwell, in order that they can follow the Government's current guidelines.</li> <li>Registers will be taken of swimmers and coaches in attendance at every individual session and shall be retained for a minimum period of one month, in the event that they are required for the purposes of "test and trace".</li> </ul> |  | <p>This risk assessment is specifically focused on the risk of catching or spreading the virus that leads to COVID-19. The potential severity of the hazard can range from nil (asymptomatic) to fatal in any individual.</p> <p>The control measures are designed to reach at least the standards and guidance intended to control transmission, as issued by UK Government, Public Health England, and Swim England, using the latest scientific advice.</p> <p>Therefore the post-mitigation risk ranking is deemed to be acceptable on this basis, and there is little benefit in attempting to quantify more precisely the likelihood and severity of each sub-risk associated with COVID transmission, contained within this Risk Assessment.</p> |  |  |
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|                           |                                                                                                      |                                                                                  |                                                           |                                                                                                                                                                 |                                                                |          |              | Y / N          |

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| 8b | Car Park                             | COVID-19 | <ul style="list-style-type: none"> <li>Swimmers</li> <li>Parents/ Carers</li> <li>Coaches</li> </ul> | <ul style="list-style-type: none"> <li>Members can use any parking space at front or back of leisure centre when attending training – Return to Pool Protocols (RTPP) to be provided to members before return to pool to remind them to socially distance when they exit their vehicles.</li> <li>Parents/carers of swimmers under the age of 18 to be required to remain within the vicinity of the pool (i.e. able to return to the pool in a short time period, typically no greater than 5-10 minutes) during the land training session should an issue develop with their swimmer, and will be required to be immediately contactable.</li> </ul> | As per 8a |  |  |  |
| 8c | Facility entrance and reception area | COVID-19 | <ul style="list-style-type: none"> <li>Swimmers</li> <li>Parents/ Carers</li> <li>Coaches</li> </ul> | <ul style="list-style-type: none"> <li>RTPP have already been provided to parents/swimmers prior to return to training regarding entering the training venue.</li> <li>Social distancing to be maintained in and around the entrance to the venue.</li> <li>'One-way system' established by venue operators, to control entry and exit from venue.</li> <li>Hand gels available upon entry to venue, to be used by all swimmers, coaches, and parents upon entry.</li> </ul>                                                                                                                                                                           | As per 8a |  |  |  |

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|                           |                                                                                                      |                                                                                  |                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                |          |              | Y / N          |
| 8d                        | Changing rooms                                                                                       | COVID-19                                                                         | <ul style="list-style-type: none"> <li>Swimmers</li> <li>Coaches</li> <li>Volunteers</li> </ul> | <ul style="list-style-type: none"> <li>Dry side changing rooms are not open and will not be in general use, including toilet and shower facilities.</li> <li>Swimmers will not be able to use lockers or changing rooms, unless there are specific mitigating factors, as agreed by the Club.</li> <li>Swimmers to arrive in clothing suitable for land training, ready to train and must bring their own water bottle. Water bottles must not be shared with others.</li> <li>A limited number of swimmers (1-2 at a time) can use wet side changing rooms to get changed after land training but must get changed within 5 minutes. Showers are not to be used. Changing rooms must not be shared by swimmers and larger, family changing rooms must not be used.</li> </ul> |                                                                |          |              | As per 8a      |
| 8e                        | Someone becomes unwell during session                                                                | COVID-19                                                                         | <ul style="list-style-type: none"> <li>Swimmers</li> <li>Coaches</li> <li>Volunteers</li> </ul> | <ul style="list-style-type: none"> <li>Swimmer (or coach) to be directed to appropriate segregated area, at maximum practical distance from other swimmers/coaches.</li> <li>Chief Coach or session Lead Coach to contact parent/carer and request immediate attendance.</li> <li>Any necessary first aid will be undertaken by leisure centre staff (as per usual procedures) and the leisure centre duty manager will be informed if any Covid-19 related symptoms are suspected.</li> </ul>                                                                                                                                                                                                                                                                                 |                                                                |          |              | As per 8a      |

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| 8f | During activity | COVID-19 | <ul style="list-style-type: none"> <li>Swimmers</li> </ul> | <ul style="list-style-type: none"> <li>RTPP already provided to swimmers, parents, and coaches in advance of return to training to advise of protocols during training activities to ensure social distancing measures are adhered to.</li> <li>Coaches to monitor and positively reinforce RTPP throughout each training session.</li> <li>A maximum of 28 swimmers will be invited to attend land training sessions. Swimmers invited to attend must accept the invitation on a weekly basis via Swim Manager.</li> <li>All swimmers and coaches have completed the Club's Health Survey and acceptance of risks prior to returning to training.</li> <li>RTPP outline that if a coach or swimmer's situation changes after they have completed the health survey, they will need to complete an updated survey and re-accept the risks to training.</li> <li>COVID-19 Lead not required to attend land training sessions but will liaise with session coach to ensure RTPP being adhered to and no issues identified within the sessions.</li> </ul> | As per 8a |  |  |  |
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| 8g | Hygiene measures | COVID-19 | <ul style="list-style-type: none"> <li>Swimmers</li> <li>Coaches</li> </ul>                          | <ul style="list-style-type: none"> <li>RTPP communicated to all members in advance of returning to the pool regarding hygiene measures, including requirement to shower at home before and after attending training.</li> <li>Hand gels available in the entry/exit areas of the venue, to be used by all swimmers, coaches and parents upon entry and exit to the building.</li> <li>Swimmers to be encouraged to use the toilet at home before and after training – toilet at venues should only to be used in cases of emergency.</li> </ul>                      | As per 8a |  |  |  |
| 8h | Equipment        | COVID-19 | <ul style="list-style-type: none"> <li>Swimmers</li> </ul>                                           | <ul style="list-style-type: none"> <li>Swimmers are not expected to provide their own equipment for use during land training.</li> <li>The leisure centre will provide suitable equipment for swimmers to use during land training and will ensure that the equipment is cleaned before and after each use.</li> </ul>                                                                                                                                                                                                                                               | As per 8a |  |  |  |
| 8i | Exit             | COVID-19 | <ul style="list-style-type: none"> <li>Swimmers</li> <li>Coaches</li> <li>Parents/ Carers</li> </ul> | <ul style="list-style-type: none"> <li>RTPP have already been provided to parents/swimmers prior to return to training regarding exiting the training venue.</li> <li>Social distancing to be maintained around the exit to the venue.</li> <li>'One-way system' established by venue operators, to control entry and exit from venue.</li> <li>Hand gels available upon exit to venue, to be used by all swimmers, coaches, and parents upon exit.</li> <li>Swimmers, parents/carers, coaches to exit the venue as soon as possible after their session.</li> </ul> | As per 8a |  |  |  |

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| 8J                        | Safeguarding and child protection                                                                    | COVID-19                                                                         | <ul style="list-style-type: none"> <li>▪ Swimmers</li> <li>▪ Coaches</li> <li>▪ Volunteers</li> </ul> | <ul style="list-style-type: none"> <li>▪ Details of Club's Welfare Officer to be made available to swimmers and their parents should they have any concerns regarding any aspect of safeguarding and child protection regarding the Club's return to pool plans, in line with the Club's normal safeguarding procedures.</li> </ul> |                                                                |          |              | As per 8a      |  |

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