

Leyland Barracudas – Notice for Parents and Swimmers (March/April 2019)

Please read below important information for upcoming events/changes to training

Event	Where & When	Who does it affect	Notice
Junior Sprints	Sunday 3 March Leyland Leisure Centre Warm up 3:00 pm	All swimmers age 9 yrs and under (age at 31/12/19)	25 m and 50 m events and 100 IM.
Sprint Gala	Saturday 23 March Leyland Leisure Centre Warm up TBC	Swimmers aged 9 years and over (age at 31/12/19)	50 m and 100 m events. Please keep a look out on Swim Manager for entry details.
Sprint Gala	Sunday 24 March Leyland Leisure Centre Warm up TBC	Swimmers aged 9 years and over (age at 31/12/19)	50 m and 100 m events. Please keep a look out on Swim Manager for entry details.
SENW Regionals	Sunday 28 April 2019	Swimmers with qualifying times	Please keep a look out on Swim Manager for entry details.
Upcoming Team Events - Please note the following dates and refer to Swim Manager for further details			
Micro League B Team Match	Sunday 10 March Warm up 12:00	Micro Age Swimmers Halton (Kingsway – Widnes) WA8 7QH	Report to Leyland Leisure Centre – 10:15 am. Coach leaves Leyland at 10:30 am (£4 for swimmers £2 parents)
Micro League B Team Match	Sunday 7 April Warm up 11:30 am	Micro Age Swimmers Knowsley Leisure and Culture Park	Report to Leyland Leisure Centre 9:45 am. Coach leaves Leyland at 10:00 am (£4 for swimmers £2 parents). Please keep a look out on Swim Manager for further details nearer the time.

Training changes & Cancellations

- Sunday 3 March 2019 – No afternoon training due to the Junior Sprint Gala
- Saturday 23 March 2019 – All training cancelled due to the Sprint Gala
- Sunday 24 March 2019 – All training cancelled due to the Sprint Gala
- Saturday 30 March 2019 – 50 m training, Liverpool, 10:00 am – 12:00 pm (groups invited TBC)
- Saturday 30 March 2019 – Large pool training at Leyland 4:00 pm – 5:00 pm only, small pool as normal.
- Saturday 6 April 2019 - Large pool training at Leyland 4:00 pm – 5:00 pm only, small pool as normal
- Sunday 7 April 2019 – No morning training, afternoon training as normal
- Saturday 20 April 2019 – Monday 22 April 2019 (inclusive) – no training at any pool due to Easter holiday
- Saturday 27 April 2019 – 50 m training, Liverpool, 10:00 am – 12:00 pm (groups invited TBC)
- Saturday 27 April 2019 – Large pool training at Leyland 4:00 pm – 5:00 pm only, small pool as normal.

Land Training for Green 6 and 7 Groups

- Monday mornings 6:15 am – 7:15 am.

Additional Notes for Parents and Helpers

If you have any general queries regarding the club, galas, session times etc. please use the following sources of information:

- Club website – <http://www.lbasc.org.uk>
- Notice boards at Leyland (downstairs and upstairs)
- Committee members – a full list of members can be found on the club website
- Twitter – details regarding last minute changes to training – [Follow@LBarracudas](#)

Parent Liaison Officers

In addition to the above general sources of information we also have four Parent liaison officers in the club, they are often found at Leyland and Tarleton Pools.

The parent liaison officers should be the first port of call for any specific queries regarding training, groups and competitions. In the first instance please try and speak with the PLO's face-to-face, they are volunteers, so a text reply or phone call may not often be convenient during a working day.

Contact details are:

- Wendy Buchanan – 07734 064095
- Lisa Robinson – Competition Secretary – 07988 907639 – lisarobinson2226@gmail.com
- Kim Littler – 07795 473111

If you need an answer to a question and cannot find a PLO please email your query to the following address and one of them will get back to you as quickly as possible: ask.group@lbasc.org.uk – For example if your child swims in blue1 you should email ask.blue1@lbasc.org.uk

and finally.....

The club relies on the goodwill of volunteers to run coaching sessions, galas and team events. We are always in need of additional help. If you If you would like to volunteer to help on poolside in any capacity please contact any member of the committee.